

Extracurricular activities

Basketball für Burschen und Mädchen (BBK) – 1st -3rd grade

In this weekly activity, both boys and girls of any level of experience are invited to play basketball, get to know the rules and master the basics of the sport. For exceptionally motivated students, there is a possibility to compete in the school championship.

Mag. Wilhelm Joos

Boden- /Geräteturnen und Akrobatik (BGT) – all grades

In this activity, students get the opportunity to practise different exercises on diverse types of gymnastics equipment. Through different games, students will also be training their whole musculature. A choreography will be learnt to be performed at a school event at the end of the year.

Mag. Anna Plenk

Chor (CHOR) – all grades

In this activity, music enthusiastic students who like to sing will be at the right place. In the school choir, students will perform together both in- and outside of the school and receive opportunities to develop their voices beyond the possibilities of usual music classes.

Our school choir is active even when singing is not allowed due to Covid-restrictions! For videos, please visit the links offered on the German homepage (Unverbindliche Übungen – Chor)

Mag. Christina Strehlow

Darstellendes Spiel (DSP) – 1st to 4th grade

In this activity, students will be introduced to methods of acting and will work on speaking techniques, breathing exercises, being present on stage and playing with emotions. Through improvisation, different stage situations will be combined into a whole play, to be performed in the 2nd semester.

Mag. Constanze Posautz

Darstellendes Spiel (DSP) – 5th to 8th grade

In this activity, students of the higher grades have the opportunity to work in different jobs around the school theatre (acting, make-up, costumes, sound, PR). A whole play is performed in March, rehearsals are thus especially intense after semester break. Students who want to be creative or handle technologies and like graphic design are also encouraged to sign up for this activity.

Mag. Gerald Pöschl

Deutsch als Fremdsprache (DaF) – all grades

In this activity, students whose native language is not German are taught the basics of the language in groups assigned according to need and level of proficiency.

Mag. Monika Heidenbauer, Mag. Barbara Poyntner

Deutsch Konversation: „Europa und ich“ (DEK) – 5th to 8th grade

The target group of this activity are students from the Ukraine (and others with Slav native languages). The goals include broadening of horizons, debunking stereotypes and preconceived notions, leading a dialogue and overcome barriers. The activity is also meant to be a space in which students can exchange their opinions and thoughts about European values and norms and become aware of differences between European societies. This activity is taught in Russian and Ukrainian.

Gerhild Hodirna

European Studies (EST) – 5th to 8th grade

In this activity, current political, societal, economic and historical topics and themes of high relevance to young Europeans are discussed. Through debating, analysis of current affairs and problem solving, students will practise and hone their analytic and rhetorical abilities.

For interested students, there is a possibility to take part in sessions of the Model European Parliament (MEP), in which young adults between the ages of 16 and 18 from different EU member states simulate the European Parliament.

Rebecca Kmentt, MA

Fußball (FB) – 1st to 3rd grade

In this weekly activity, both boys and girls of any level of experience are invited to play basketball, get to know the rules and master the basics of the sport. For exceptionally motivated students, there is a possibility to compete in the school championship.

Mag. Christian Rohringer

Informatik auf Computer, Tablet und Smartphone – 1st to 4th grade

In this activity, students have the opportunity to be tested and receive the Europäischer Computerführerschein (ECDL), including topics like Computer Basics, Photoshop, Presenting and IT security. For further information about the ECDL, please visit: www.ecdl.at

Das Informatik Team: Mag. Andrea Adrowitzer; Monica Mishra, MSc; Mag. Hermann Morgenbesser; Markus Urbanz. BED

Leichtathletik – 1st to 3rd grade

In this activity, students will practise movements (e.g. running, throwing, jumping, sprinting) that provide the basis for diverse types of sports. Going further, students will learn to develop functional patterns of movement and to improve their coordinative and conditional abilities in a playful manner.

Alena Gold

Leichtathletik und Krafttraining (LA) – 4th to 8th grade

In this activity, students will practise movements (e.g. running, throwing, jumping, sprinting) that provide the basis for diverse types of sports. Going further, students will learn to develop force, speed, condition and coordination abilities. Students will experiment in disciplines such as sprint, high-jump, long-jump or hurdles. Especially for higher grade students, insights into weight/strength training will be offered. There is also the possibility to participate in school competitions.

Alena Gold

Mathematik Maturavorbereitung (M) – 8th grade

This extracurricular activity targets students of 8th grade and offers opportunities to revise the curriculum for “Type 1” exercises, practise with the help of existing Matura papers, develop strategies for solving “Type 2” exercises and discuss the best use of calculators.

This activity takes place regularly, in order to spread out the contents of the curriculum. For the 8th grade IB students, this course will take place separately in blocks and finish before Christmas.

Mag. Felix Heisteringer

Mediation (MED) – 5th to 8th grade

Mediation is a way to solve conflicts without any side “losing”. At our school, Peer Mediation is offered to students by students, and our mediators are also mentors to the first-graders.

The mediation group at our school always welcomes new students, especially higher grade students with high social engagement. Training to be a mediator involves dealing with conflicts, but also learning to employ approaches of educational play in our lessons of “Soziales Lernen” in all first grades. Training will take place in September in Raach am Hochgebirge and is mandatory for all new members. More information can be found on our pin boards and in the WhatsApp group.

Mag. Constanze Posautz, Mag. Peter Scheruga

Multimedia (MUM) – 3rd to 8th grade

This activity is targeted at students with interest in audio engineering and musical technologies. Students will have opportunities to provide technical support for light and sound at many events at

our school. Also, they will learn to work with different programmes, create playbacks and songs of their own in our studio, cut film material etc.

Mag. Constanze Posautz

Musical Plays (MUS) – 1st – 3rd grade

In this activity, students will perform musical stories and plays, singing, dancing, acting, playing instruments and being in charge of costumes and stage design as well as props and posters.

Knowledge of instruments is not obligatory, rather, it is essential that students in this activity genuinely enjoy singing and making music.

Mag. Manuela Rektenwald

Tanz und Gymnastik (TAG) – 1st – 8th grade (girls)

This activity is the perfect fit for all students who enjoy moving to music and those who would like to learn some steps of Jazz-dance and experiment with different props (bands, hoops, balls).

Mag. Ursula Valcak

Tischtennis (TT) – 1st -8th grade

This activity is for students of all levels of proficiency in table tennis. The focus is on learning the basics and practising in pairs as well as ball-bucket training. Students will also gain experience in different forms of competitions and games and train their tactics. There will also be differential training, i.e. training with tables, rackets and balls of various sizes.

Mag. Christopher Peroutka

Ultimate Frisbee (ULT) – 1st – 5th grade

This activity is offered for both boys and girls of any level of proficiency. Students will learn or improve their throwing technique, learn tactical concepts and participate in the Ultimate Frisbee School Championship.

Mag. Peter Scheruga

Volleyball (VOL) – 1st – 4th grade

This activity is offered for both boys and girls of any level of proficiency. Students will learn or improve their throwing technique, learn tactical concepts and participate in the School Championship (NÖ – Schülerliga Volleyball).

Mag. Alexandra Pany

Vorwissenschaftliches Arbeiten (VWA) – 6th – 7th grade

Extended Essay (VWA) – 6th grade

In these activities, students will be introduced to techniques of academic writing and the method of a research process. Focus will be on formulating topics, developing research questions, managing projects, methods of (literature) research, correct citing, how to deal with scientific texts, academic writing and quantitative/qualitative research methods.

Franziska Happenhofer, MSc

Mag. Sophie Rothen